**Kelsey Higgins**

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**EDUCATION:**

# Georgia State University June 2014-August 2015

* Master of Science, Health Science in Nutrition, Coordinated Program in Dietetics
* Completed 1200+ hours of supervised practice

# Tennessee Technological University August 2009-May 2013

 B.S. Human Ecology/Food, Nutrition, and Dietetics

* Graduated Magna Cum Laude

**SUPERVISED PRACTICE:**

**Clinical Dietetics**

* Proficiently managed over 20 patients in an acute care setting at Grady Memorial Hospital
* Enrichment experience at Northeast Georgia Medical Center with inpatient care
* Created patient education material including a gestational diabetes booklet
* Calculated enteral and parenteral feedings
* Provided Medical Nutrition Therapy and education to patients with various medical and clinical problems
* Conducted assessments of nutrition status of patients; diagnosed nutrition problems; facilitated behavior change through interventions; and monitored and evaluated patients to assess impact of the nutrition intervention
* Identified problem, etiology, signs and symptoms (PES) statements

**Management**

* Assisted with creating the business plan to hire a registered dietitian for Physiotherapy Associates of Georgia
* Participated in menu development, food safety inspections, sustainability projects, and various inventory and data entry projects

**Community Nutrition**

* Created and delivered various presentations and handouts including a virtual grocery store tour, quick and easy meal planning, food safety handouts, Better Breakfasts, and more to diverse populations and age groups
* In-depth experience practicing a client-centered approach to nutrition counseling
* Experience working with and counseling various athletes through my sports nutrition enrichment rotation

**WORK EXPERIENCE:**

**GA5 Volleyball Club** October 2013-Present

Suwanee, GA

* 13-2’s Head Coach 2015 Season; 15-1’s Assistant Coach 2014 Season

**Gwinnett County School Systems** September 2013-May 2014

Gwinnett Co, GA

* Substitute Teacher
* Worked with grades K-12 in various subjects and provide educational continuity by implementing established lesson plans while exercising professional judgment to introduce new material when appropriate or necessary.

**Tennessee Technological University** February 2013-May 2013

Cookeville, TN

* TTU Alumni Giving Program Phonathon Caller
* Acted as an ambassador of Tennessee Tech by contacting alumni and donors to increase support and funding for the various educational and athletic programs on campus.

 **Memberships and Certifications:**

* Academy of Nutrition and Dietetics 2011-Present
* Greater Atlanta Dietetic Association 2014-Present
* ServSafe 2012-2017

**EXTRACURRICULAR and COMMUNITY INVOLVEMENT:**

**Tennessee Technological University Volleyball**

* + Women’s Volleyball Team Captain January 2011-December 2012
	+ Ohio Valley Conference Defensive Player of the Year 2012
	+ Ohio Valley Conference Team Sportsmanship Award 2012
	+ All-Ohio Valley Conference Newcomer Team 2009

**Omicron Delta Kappa** 2013

* The National Leadership Honor Society

**TTU Dining Services Committee** 2012-2013

* Student Athlete Representative

**Student Athlete Advisory Committee**  2009-2013

* TTU Volleyball Representative
* Student Marketing Coordinator 2011